

Sal's Solo Ultralight list

Equipment	ounces	
pack		13.000
tarp w/ guyline & stuffsack	15.000	6.500
8 stakes	[12 Al w/ sack] 4.375	2.375
groundsheet	[60" wide tyvek] 6.50	1.500
down quilt (20°) w/ stuffsack		24.000
pad	13.750	8.375
chair kit	12.125	0.000
subtotal		55.750
Essentials Kit		
headlamp, backup light, lighter whistle, multitool, watch, lip balm, stowbag, car key, compass, map*		6.875
First-Aid Kit	8.875	8.875
bug spray	1.000	1.000
Toiletries Kit		8.000
packtowel, biodegradable soap, toothbrush, toothpaste, deodorant, moisturizer, stowbag toilet paper, alcohol sanitizer, ziplock		
spade		1.400
subtotal		25.150
Cook Kit		
stove w/ auto igniter, pot, bowl, cup, spork, stowbag		12.250
windscreen		2.000
water filter	13.375	0.000
water purification (Aquamira)		1.000
2L Platypus Bigzip w/ hydration hose		4.500
(2) 1L Platypus		2.000
critter bag (Ursack)	5.875	5.875
subtotal		24.625
Clothing (carried)		
insulated jacket		9.000
shell jacket		13.250
shell pants		9.500
long underwear top		7.250
long underwear bottom		6.325
light gloves		1.125
warm hat		1.500
sleeping socks		1.500
stuffsack (daypack)		1.125
subtotal		50.575
Total		156.100
Base Weight 9.756 lbs.		
Optional Gear		
water shoes/camp slippers	13.750	0.000
camera w/ extra battery & chip	9.500	9.500
GPS w/ extra lithium batteries	8.250	0.000
subtotal		9.500
0.594 lbs.		
Base Weight + Optionals 10.350 lbs.		

Expendables		
water - 2L (in Platypus bottle)		70.000
water - 1L (in Platypus bottle)		0.000
food - 1.5lb/day	2.000	48.000
fuel - 1 canister @ 110g + 86g/empty = 196g		6.907
subtotal		124.907
7.807 lbs.		
Pack Weight (without optionals) 17.563 lbs.		
Pack Weight (with optionals) 18.157 lbs.		
Worn		
shorts w/ liner		8.125
t-shirt		4.500
zip-t		7.250
liner sock - crew length synthetic		0.750
trail running shoes		20.875
gaiters		1.500
sunglasses		0.750
sun hat	7.000	2.250
trekking poles		11.625
subtotal		57.625
3.602 lbs.		
Skin-Out Weight 21.165 lbs.		